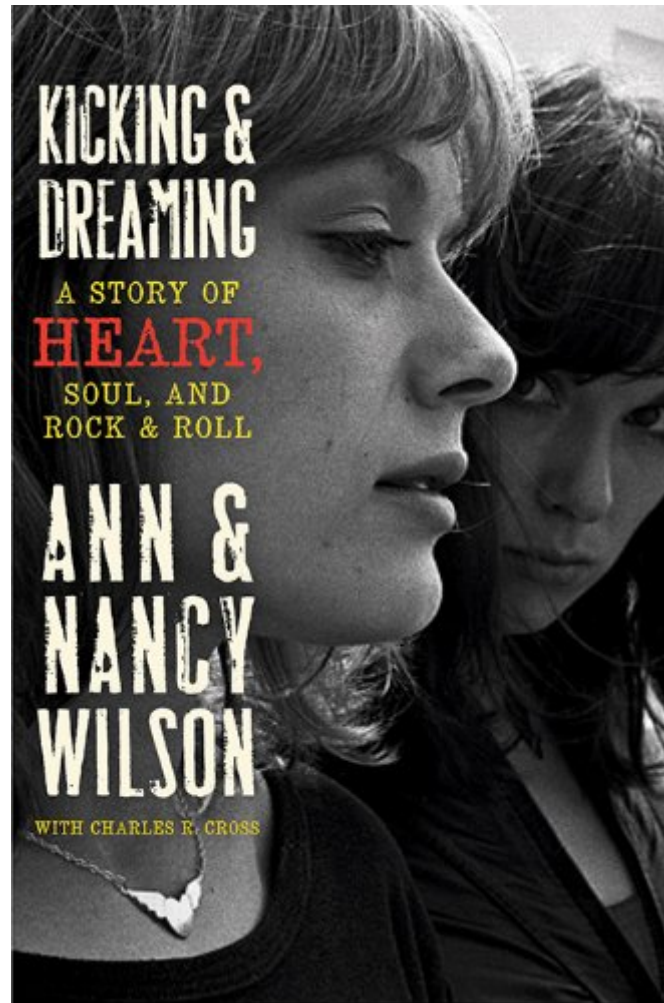


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# Kicking & Dreaming: A Story Of Heart, Soul, And Rock And Roll





## Synopsis

The story of Heart is a story of heart and soul and rock 'n' roll. Since finding their love of music and performing as teenagers in Seattle, Washington, Ann Wilson and Nancy Wilson, have been part of the American rock music landscape. From 70s classics like "Magic Man" and "Barracuda" to chart-topping 80s ballads like "Alone," and all the way up to 2012, when they will release their latest studio album, *Fanatic*, Heart has been thrilling their fans and producing hit after hit. In *Kicking and Dreaming*, the Wilsons recount their story as two sisters who have a shared over three decades on the stage, as songwriters, as musicians, and as the leaders of one of our most beloved rock bands. An intimate, honest, and a uniquely female take on the rock and roll life, readers of bestselling music memoirs like *Life* by Keith Richards and Steven Tyler's *Does the Noise in My Head Bother You?* will love this quintessential music story finally told from a female perspective.

## Book Information

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## Customer Reviews

A most excellent read (took my time reading it over 6 days). Some random thoughts in no particular order...The beginning of the book that builds up from their childhood, while a tad on the long end of



things (compared to the rest of the book), is very important to laying a strong foundation for the rest of the book and the choices they would make. However after this deep dive on their childhood, it seems like they really glossed over the tours and their thoughts on the actual stages and the set lists (as I am sure like most any other band, set lists for tours can be the subject of passionate discussions about what songs to play and what songs to leave out). Ann touched on it briefly with some commentary on her talks with the Def Leppard lead singer and how they both felt somewhat a prisoner in terms of playing their big hits at every single show, but beyond that, not much at all. I would have loved to hear about what their favorite tours were (and why) in the 70's, 80's, 90's and the 2000's. They should have added in another section of pictures as well with more stuff from the mid 80's 90's and 2000's from their tours. I bring this up as Heart is an amazing live band in terms of their sound, and their live shows are top notch in terms of their stage presence. A band like Heart that has played concerts in 5 different decades in terms of the 1970's through today, should have all sorts of interesting stories that bring us behind the scenes as a fly on the wall during their recording sessions and touring. There were some interesting/fun stories, so do not get me wrong, I just have a feeling these were just scratching the surface. Perhaps they felt it did not fit their overall narrative on the story they wanted to tell so they kept those stories dialed back.

... at a time when other girls wanted to MARRY the Beatles. For Ann and Nancy Wilson, making music was almost always an important part of their lives. The challenge, then, lay in figuring out how they could make successful careers out of doing it. But if their ancestor Hannah Dustin could wield a tomahawk and kill her captors to gain her freedom in colonial Massachusetts, then surely the Wilson sisters could don guitars, approach microphones, and slay audiences in the twentieth century. Eventually, of course, they would. Here they share their story in their own voices: a duet on the printed page, toggling back and forth between the two women. It's as if we are sitting across the table from them in a coffee shop, just listening to the two of them recount their experiences and memories. Other voices of friends and fellow musicians chime in when necessary. (After all: the sisters are "merely" the front-women for a full-fledged rock band.) But this one belongs to the Wilsons. This book is everything fans of rock music and of Heart could ask for. We learn of their beginnings and growing up in a mobile military family, and then settling down in Bellevue, Washington. The sisters played at any venue that would have them in the early 1970s; and at one point they were known as "Little Led Zeppelin" because they played so many Zep covers. We follow them to Vancouver, British Columbia, and tag along as the band called Heart begins to gain real popularity and initially, in Canada. After that, the path becomes a whirlwind course of music, touring,



fame, and fortune, that spans the course of four decades. Naturally, we are treated to some juicy tales from that insider world of sex, drugs and rock-n-roll.

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